

# recipe. Pesto and Sun-Dried Tomato Chicken Pasta

**SMOOTH**  
RECIPES

## Information

**Recipe from:** All Recipes co uk  
**Language:** English  
**Persons:** 8  
**Preparation time:** 30 mins  
**Nutrition:** 328kcal  
**Tags:** easy, chicken

## Recipe

Cook pasta according to package instructions; drain.

Heat oil in a large frying pan over medium heat. Sauté garlic until tender, then stir in chicken. Season with chillies. Cook until chicken is golden, and cooked through.

In a large bowl, combine pasta, chicken, sun-dried tomatoes and pesto. Toss to coat evenly.

## Ingredients

- 1 (500g) pack farfalle pasta
- 1 teaspoon olive oil
- 2 cloves garlic, minced
- 2 skinless, boneless chicken breast fillets, diced
- dried crushed chillies to taste
- 30g (1 oz) oil-packed sun-dried tomatoes, drained and cut into strips
- 100g (4 oz) shop-bought pesto